Chapter 4 Mission to Goals

Your Mission starts with a Vision.

What is a Vision?

Visualization of your future

– Mental picture of the future you would like to reach
– Dream that you want to achieve
– Where do you see yourself in the next few years?

Definition of the future

– A blueprint of what you want in the future
– A starting point to grab your future
Why is a vision important?

• Defines the destination.
  Where are we going? (Road Map, direction)

• Drives the planning and the execution.
  What do we have to do to get there?

• Provides focus
  A vision gives us a sense of guidance, control.

• Builds commitment
  A vision is needed during tough times. (shield)
How to develop a vision

- If necessary, adjust your plan.
- Overcome obstacles
- Execute the plan
- Plan to achieve your vision.
- Identify your vision
- Understand where you are today
- Know what you want

- Adjust your plan if it is needed.
- Be prepared to face adversity.
- Make the vision / mission happen.
- Your vision becomes your personal mission.
- Reachable, real, to the point, understandable
- How to get what I want from where I am today
- What are your needs, objectives in life?
What is your Personal Vision?

“Looking in” is thinking about who you are, understanding how important your goals are, and planning how you can accomplish those goals.

Why are you in college?

LOOKING IN

How do you stay on track?

What do you want to accomplish?
Your reasons for attending college frame your personal mission.

When you try to realize your Vision, your Vision becomes your Mission. Your Mission is to realize your Vision.

Why are you in college?

LOOKING IN

Know your reasons

What is the base, the foundation of your personal mission?

Group Activity - For discussion Exercise page 77
Your Personal Mission Statement reflects what you want to accomplish.

What do you want to accomplish?

LOOKING IN

Write your mission statement

Your Personal Mission Statement serves as a source of inspiration, direction, and guidance.

It is your job, task, duty to achieve your personal mission statement.
Goals help you to accomplish your personal mission

Setting goals that align with your personal mission statement helps you make wise decisions.

Goals help you to stay on track.
You set your goals to make things happen.

Goal = a measurable outcome that you hope to achieve.

1. Short-term goals – can be accomplished in an hour, a day, a week or a month.

2. Long-term goals – can be accomplished by the end of the semester or in one of more years.

Understand your responsibility in achieving your goals.
Manage your time to ensure you achieve your goals.
Design an Action Plan to achieve your goals.
Effective Goals

S.A.M.

**Specific** – clear, concise, and concrete.

**Achievable** – realistic, can be achieved.

**Measurable** – can be measured.
How to Face Adversity to Accomplish your Mission.

✓ Expect tough times
   Understand that it is part of the plan.

✓ Be prepared for tough times
   Use them as an opportunity to reach your goals

✓ Understand that tough times are temporary.
   It has an end.

✓ See the advantages of the situation.
   In any situation, there is always advantages.

✓ Be determined to overcome adversity.
   What ways can we use to overcome adversity?
In College, You are on a Mission.

Your mission is to accomplish your personal mission.