# CLINICAL LABORATORY OBJECTIVES AND SUGGESTED ACTIVITIES

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| 1    | CLINICAL ORIENTATION | Demonstrate integration of the **Core Components** of associate degree nursing practice:  
- Professional Behaviors  
- Communication  
- Assessment  
- Clinical Decision Making  
- Therapeutic Nursing Interventions  
- Collaboration  
- Teaching and Learning  
- Managing Care |  
- Orient to routines, policies and physical set-up of unit.  
- Review charts, forms and documentation expectations.  
- Meet the Nurse Manager, as well as other nurses and staff.  
- Locate the agency’s Emergency Preparedness Plan/Disaster Plan.  
- Review each item as noted in the course orientation in the NUR 214 Course Outline. |
| 2-15 | PEDIATRIC INPATIENT CLINICAL | Demonstrate integration of the **Core Components** of associate degree nursing practice:  
- Professional Behaviors  
- Communication  
- Assessment  
- Clinical Decision Making  
- Therapeutic Nursing Interventions  
- Collaboration  
- Teaching and Learning  
- Managing Care | **Assess** developmental level, vital signs, cardiac, neuro and respiratory status.  
**Assess** learning needs.  
Consider formulating the **nursing diagnoses** of Delayed Growth and Development.  
**Implement** by  
- Calculating safe dosage ranges, safe oral fluid intake and safe IV rate.  
- Administering medications.  
**Evaluate** the effectiveness of care provided.  
Develop and implement a nursing care **plan** for a pediatric patient. |
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| 2    | CHRONIC ILLNESS AND HEALTH PROMOTION | Demonstrate integration of the **Core Components** of associate degree nursing practice:  
   - Communication  
   - Assessment  
   - Therapeutic Nursing Interventions  
   - Collaboration  
   - Teaching and Learning | • Interview or discuss in preconference a patient with a chronic illness.  
   • Assess for risk factors associated with chronic illnesses.  
   • Assess a patient’s readiness to change health behaviors.  
   • Assist the patient to use adaptive coping strategies to deal with chronic illness.  
   • Collaborate to determine community support services available.  
   • Teach the patient about health promotion activities. |
|      | PHYSICAL ASSESSMENT  
   • Respiratory  
   • Cardiac  
   • Neuro | Demonstrate integration of the **Core Components** of associate degree nursing practice:  
   • Assessment | Perform these assessments on a patient:  
   • Chest and Lung  
   • Cardiac  
   • Carotid Arteries and Jugular Veins  
   • Neuro Check |
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| 3    | MANAGER OF CARE | Demonstrate integration of the **Core Components** of associate degree nursing practice:  
- Professional Behaviors  
- Communication  
- Clinical Decision Making  
- Collaboration  
- Managing Care | Set priorities for a group of patients.  
Round on a group of patients and reorder priorities as necessary.  
Identify variables that affect how and when nursing care is delivered.  
Observe a nurse transcribing orders.  
Identify the systems in place to prevent omissions and errors. |
|      | Priority Setting |                      |                      |
|      | Transcription of Orders |                      |                      |
|      | Renal Dysfunction |                      | **Assess** a patient with acute or chronic liver disease.  
Consider formulating the **nursing diagnoses** of  
- Impaired Urinary Elimination  
- Risk for Infection  
Develop and implement a nursing care **plan** for a patient undergoing  
- a fluid challenge  
- dialysis  
**Evaluate** effectiveness of care provided by correlating renal function test results with clinical findings and treatment. |
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| 4    | ELIMINATION  
- Dialysis  
- Liver Dysfunction  
- IMMUNITY  
- Corticosteroid Therapy | Use the **Nursing Process** to provide nursing care for a patient with these conditions:  
- **Assess** the patient, significant support person(s) and the environment.  
- Formulate an individualized high priority **nursing diagnosis** related to the patient’s basic needs.  
- **Plan** outcomes and individualized high priority therapeutic nursing interventions.  
- **Implement** safe and accurate nursing care and prescribed medical care.  
- **Evaluate** care provided and modify care based on this evaluation.  
Demonstrate integration of the **remaining Core Components** of associate degree nursing practice:  
- Professional Behaviors  
- Communication  
- Collaboration  
- Managing Care | Assess a patient on long term high dose steroid therapy.  
- **liver biopsy**  
- **paracentesis**.  
**Implement** by  
- Assisting with diet selection.  
- Collecting specimens.  
- Administering medications.  
**Evaluate** the effectiveness of care provided by correlating liver and renal function test results with clinical findings and treatments.  
Demonstrate **Professional Behavior, Communication, Collaboration or Managing Care** by assisting a patient to cope with the challenges of living with a chronic illness. |
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<td>Assignment</td>
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<td>Examine position descriptions for nursing personnel on the unit.</td>
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<td>Delegation</td>
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<td>Complete the Manager of Care experience. This is an experience that will be assigned to each student one week during the weeks 3-15 of the semester.</td>
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<td>Determine the type of nursing care provided on the floor (e.g. primary, team, family centered).</td>
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<td>Determine how the assignment is made and communicated among the nursing team.</td>
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| 5    | RESPIRATORY            | Use the **Nursing Process** to provide nursing care for a patient with these conditions:  
- **Assess** the patient, significant support person(s) and the environment.  
- Formulate an individualized high priority **nursing diagnosis** related to the patient’s basic needs.  
- **Plan** outcomes and individualized high priority therapeutic nursing interventions.  
- **Implement** safe and accurate nursing care and prescribed medical care.  
- **Evaluate** care provided and modify care based on this evaluation.  
Demonstrate integration of the **remaining Core Components** of associate degree nursing practice:  
- Professional Behaviors  
- Communication  
- Collaboration  
- Managing Care | **Assess** a patient with asthma or COPD.  
Consider formulating the **nursing diagnoses** of  
- Ineffective Airway Clearance  
- Impaired Gas Exchange  
- Impaired Breathing Pattern  
Develop and implement a **nursing care plan** for a patient with an acute or chronic obstructive respiratory disease.  
**Implement** by performing:  
- Respiratory assessment  
- Teaching about nebulizers, MDI’s, DPI’s, flutter valves and peak flow meters.  
- Teaching about an asthma management plan.  
**Evaluate** the effectiveness of respiratory treatments by comparing pretreatment and post treatment assessments.  
Demonstrate **Professional Behavior, Communication, Collaboration or Managing Care** by assisting a patient to cope with the challenges of living with a chronic illness. |
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| 6    | RESPIRATORY  
- Respiratory Tract Infections  
- Techniques to Improve Ventilation  
- Artificial Airway Management  
- Respiratory Acidosis | Use the **Nursing Process** to provide nursing care for a patient with these conditions:  
- **Assess** the patient, significant support person(s) and the environment.  
- Formulate an individualized high priority **nursing diagnosis** related to the patient’s basic needs.  
- **Plan** outcomes and individualized high priority therapeutic nursing interventions.  
- **Implement** safe and accurate nursing care and prescribed medical care.  
- **Evaluate** care provided and modify care based on this evaluation. Demonstrates integration of the **remaining Core Components** of associate degree nursing practice:  
- Professional Behaviors  
- Communication  
- Collaboration  
- Managing Care | **Assess** a patient with an acute respiratory infection.  
Consider formulating the **nursing diagnoses** of  
- Hyperthermia  
- Ineffective Airway Clearance  
- Impaired Gas Exchange  
- Impaired Breathing Pattern  
Develop and implement a nursing care **plan** for a patient with tuberculosis, LTB, epiglottitis, bronchiolitis or a tracheostomy.  
**Implement** by performing  
- Breathing retraining.  
- Oxygen or mist therapy.  
- Suctioning.  
- Chest physiotherapy.  
**Evaluate** the effectiveness of care provided by monitoring SpO₂ as oxygen is tapered and/or treatments are provided.  
**Evaluate** ABG results.  
Demonstrates **Professional Behavior, Communication, Collaboration or Managing Care** by assisting a patient to cope with the challenges of living with respiratory compromise. |
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<td>7</td>
<td>RESPIRATORY</td>
<td>Use the <strong>Nursing Process</strong> to provide nursing care for a patient with these conditions:</td>
<td><strong>Assess</strong> a patient with respiratory failure, who may be on a ventilator. <strong>Assess</strong> a patient and significant support person(s) who may be facing end of life issues. <strong>Assess</strong> a patient living or dying with HIV/AIDS.</td>
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<td>• Respiratory Failure</td>
<td>• <strong>Assess</strong> the patient, significant support person(s) and the environment.</td>
<td>Consider formulating the <strong>nursing diagnoses</strong> of <strong>Death Anxiety</strong> <strong>Dysfunctional Ventilatory Weaning Response</strong> <strong>Impaired Spontaneous Ventilation</strong></td>
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<td>• Mechanical Ventilation</td>
<td>• Formulate an individualized high priority <strong>nursing diagnosis</strong> related to the patient’s basic needs.</td>
<td>Develop and implement a nursing care <strong>plan</strong> for a patient receiving comfort care or who is receiving HAART for HIV/AIDS.</td>
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<td>• End of Life Issues IMMUNITY</td>
<td>• <strong>Plan</strong> outcomes and individualized high priority therapeutic nursing interventions.</td>
<td><strong>Implement</strong> by performing <strong>Comfort care measures.</strong> <strong>Teaching about adherence to HAART therapy.</strong> <strong>Reviewing advanced directive documentation.</strong></td>
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<td>• HIV/AIDS</td>
<td>• <strong>Implement</strong> safe and accurate nursing care and prescribed medical care.</td>
<td><strong>Evaluate</strong> the effectiveness of care provided by monitoring <strong>Pain scores.</strong> <strong>CD4 and viral load lab values.</strong></td>
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<td>• <strong>Evaluate</strong> care provided and modify care based on this evaluation.</td>
<td>Demonstrate <strong>Professional Behavior, Communication, Collaboration or Managing Care</strong> by assisting a patient to cope with the challenges of living with a chronic illness, as well as those who are dying.</td>
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<td>Demonstrate integration of the <strong>remaining Core Components</strong> of associate degree nursing practice:</td>
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| 8    | CARDIAC  
   - Cardiac Assessment  
   - Hemodynamics  
   - Hypertension | Use the **Nursing Process** to provide nursing care for a patient with these conditions:  
   - **Assess** the patient, significant support person(s) and the environment.  
   - Formulate an individualized high priority **nursing diagnosis** related to the patient’s basic needs.  
   - **Plan** outcomes and individualized high priority therapeutic nursing interventions.  
   - **Implement** safe and accurate nursing care and prescribed medical care.  
   - **Evaluate** care provided and modify care based on this evaluation.  
   Demonstrate integration of the **remaining Core Components** of associate degree nursing practice:  
   - Professional Behaviors  
   - Communication  
   - Collaboration  
   - Managing Care | **Assess** a patient with cardiac monitoring, hemodynamic monitoring or undergoing cardiac diagnostic testing.  
**Assess** a patient with hypertension.  
Consider formulating the **nursing diagnosis** of Decreased Cardiac Output.  
Develop and implement a nursing care **plan** for a patient with hypertension.  
**Implement** by performing:  
   - Cardiac assessment  
   - An EKG.  
   - Cardiac monitoring.  
   - Teaching about cardiac diagnostic testing.  
   - Teaching about hypertension.  
**Evaluate** the effectiveness of care provided by monitoring blood pressure before and after the administration of an antihypertensive.  
Demonstrate **Professional Behavior, Communication, Collaboration or Managing Care** by assisting a patient to cope with the challenges of living with a chronic cardiac illness. |
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| 9    | CARDIAC  
- CAD/MI  
- HF  
- Cardiac Rehab  
- Structural and Inflammatory Conditions of the Heart | Use the **Nursing Process** to provide nursing care for a patient with these conditions:
- **Assess** the patient, significant support person(s) and the environment.
- Formulate an individualized high priority **nursing diagnosis** related to the patient’s basic needs.
- **Plan** outcomes and individualized high priority therapeutic nursing interventions.
- **Implement** safe and accurate nursing care and prescribed medical care.
- **Evaluate** care provided and modify care based on this evaluation.  

Demonstrate integration of the **remaining Core Components** of associate degree nursing practice:
- Professional Behaviors  
- Communication  
- Collaboration  
- Managing Care | **Assess** a patient with CAD/MI, congenital or acquired structural defects, inflammatory cardiac conditions and/or Heart Failure.  
**Assess** a patient undergoing cardiac rehabilitation.  
Consider formulating the **nursing diagnosis** of Ineffective Therapeutic Regimen Management.  
Develop and implement a nursing care **plan** for a patient with chest pain.  

**Implement** by performing
- Cardiac assessment  
- Daily weights.  
- Monitoring of edema and lung sounds.  
- Administration of cardiac medications.  
- Monitoring for side effects of cardiac medication administration.  
- Monitoring biochemical cardiac markers.  

**Evaluate** the effectiveness of care provided by monitoring a patient with chest pain and the response to treatment.  
Demonstrate **Professional Behavior, Communication, Collaboration or Managing Care** by assisting a patient to cope with the challenges of living with a chronic cardiac illness. |
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| 10   | BLOOD AND IMMUNITY  
- Immunity  
- Immunizations  
- Autoimmunity  
- Bone Marrow Dysfunction  
  - Neutropenia  
  - Thrombocytopenia  
  - Anemia  
- Hemophilia | Use the **Nursing Process** to provide nursing care for a patient with these conditions:  
  - **Assess** the patient, significant support person(s) and the environment.  
  - Formulate an individualized high priority **nursing diagnosis** related to the patient’s basic needs.  
  - **Plan** outcomes and individualized high priority therapeutic nursing interventions.  
  - **Implement** safe and accurate nursing care and prescribed medical care.  
  - **Evaluate** care provided and modify care based on this evaluation.  
- Demonstrate integration of the **remaining Core Components** of associate degree nursing practice:  
  - Professional Behaviors  
  - Communication  
  - Collaboration  
  - Managing Care | **Assess** a patient with an autoimmune, immunodeficient of bone marrow dysfunctional disease.  
Consider formulating the **nursing diagnosis** of Ineffective Protection.  
Develop and implement a nursing care plan for a patient with neutropenia, thrombocytopenia, anemia or hemophilia.  
**Implement** by performing:  
  - Instituting neutropenic precautions.  
  - Instituting bleeding precautions.  
  - Administering medications or blood products to restore blood counts.  
**Evaluate** the effectiveness of care provided by monitoring lab values, as well as patient safety.  
Demonstrate **Professional Behavior, Communication, Collaboration or Managing Care** by assisting a patient to cope with the challenges of living with a potentially fatal acute or chronic illness related to immune dysfunction. |
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<td>11</td>
<td>BLOOD AND IMMUNITY</td>
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<td>• Hypersensitivity</td>
<td>Use the <strong>Nursing Process</strong> to provide nursing care for a patient with these conditions:</td>
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<td>• Organ and Tissue</td>
<td>• <strong>Assess</strong> the patient, significant support person(s) and the environment.</td>
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<td>Transplantation</td>
<td>• Formulate an individualized high priority <strong>nursing diagnosis</strong> related to the patient’s basic needs.</td>
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<td>ENDOCRINE</td>
<td>• <strong>Plan</strong> outcomes and individualized high priority therapeutic nursing interventions.</td>
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<td>• Pituitary Dysfunction</td>
<td>• <strong>Implement</strong> safe and accurate nursing care and prescribed medical care.</td>
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<td>• Thyroid Dysfunction</td>
<td>• <strong>Evaluate</strong> care provided and modify care based on this evaluation.</td>
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<td>• Metabolic Syndrome</td>
<td>Demonstrate integration of the <strong>remaining Core Components</strong> of associate degree nursing practice:</td>
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  - Professional Behaviors
  - Communication
  - Collaboration
  - Managing Care

<p>|      | | <strong>Assess</strong> a patient with allergies. |
|      | | <strong>Assess</strong> a patient who has had an organ or tissue transplant. |
|      | | <strong>Assess</strong> for risk factors or symptoms for/of SIADH or DI. |
|      | | Consider formulating the <strong>nursing diagnoses</strong> of |
|      | | • Risk for Infection |
|      | | • Risk for Injury |
|      | | Develop and implement a nursing care <strong>plan</strong> for a patient with allergies, organ/tissue transplant, SIADH, DI, thyroid disorder or metabolic syndrome. |
|      | | <strong>Implement</strong> by performing |
|      | | • Allergy teaching. |
|      | | • Administering hormonal medications. |
|      | | • Measuring waist circumference. |
|      | | <strong>Evaluate</strong> the effectiveness of care provided by monitoring lab values and response to medications administered. |
|      | | Demonstrate <strong>Professional Behavior, Communication, Collaboration or Managing Care</strong> by assisting a patient to cope with the challenges of living with an endocrine illness, or with metabolic syndrome. |</p>
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| 12   | CARDIAC                    | Use the **Nursing Process** to provide nursing care for a patient with these conditions:  
- **Assess** the patient, significant support person(s) and the environment.  
- Formulate an individualized high priority **nursing diagnosis** related to the patient’s basic needs.  
- **Plan** outcomes and individualized high priority therapeutic nursing interventions.  
- **Implement** safe and accurate nursing care and prescribed medical care.  
- **Evaluate** care provided and modify care based on this evaluation.  
Demonstrate integration of the **remaining Core Components** of associate degree nursing practice:  
- Professional Behaviors  
- Communication  
- Collaboration  
- Managing Care                                                                                                                                                                                                                                                                                                                                                   | **Assess** a patient with a cardiac dysrhythmia.  
**Assess** the contents of the emergency cart and the workings of the emergency equipment.  
Consider formulating the nursing **diagnosis** of Risk for Injury.  
Develop and implement a nursing care **plan** for a patient with a pacemaker or AICD.  
**Implement** by performing  
- Cardiac monitoring and rhythm interpretation.  
- Administration of antidysrhythmic medications.  
- Monitoring for side effects of antidysrhythmic medications.  
**Evaluate** the effectiveness of care provided by monitoring the effect of treatment on the cardiac rhythm.  
Demonstrate **Professional Behavior, Communication, Collaboration or Managing Care** by assisting a patient to cope with the challenges of living with an acute or chronic cardiac dysrhythmia. |
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| 13   | NEUROLOGIC  
- Neurologic Assessment  
- Increased Intracranial Pressure  
  - Assessment  
  - Nursing Care  
  - Head Trauma  
  - Cranial Surgery  
- Seizures  
- CARDIAC  
- Shock | Use the **Nursing Process** to provide nursing care for a patient with these conditions:  
- **Assess** the patient, significant support person(s) and the environment.  
- Formulate an individualized high priority **nursing diagnosis** related to the patient’s basic needs.  
- **Plan** outcomes and individualized high priority therapeutic nursing interventions.  
- **Implement** safe and accurate nursing care and prescribed medical care.  
- **Evaluate** care provided and modify care based on this evaluation. | **Assess** a patient with a change in their neurologic status or one who has suffered a head injury or is s/p cranial surgery or before, after and during a seizure.  
**Assess** a patient for risk factors for and early signs of shock.  
Consider formulating the **nursing diagnosis** of decreased Intracranial Adaptive Capacity.  
Develop and implement a nursing care **plan** for a patient with increased intracranial pressure and/or a seizure disorder, and or one who is undergoing a neurologic diagnostic test.  
**Implement** by  
- Performing a neurologic assessment.  
- Instituting seizure precautions.  
- Non-invasive BP and perfusion monitoring techniques.  
**Evaluate** the effectiveness of care provided by monitoring the effect of care on intracranial pressure and/or seizures.  
Demonstrate **Professional Behavior, Communication, Collaboration or Managing Care** by assisting a patient to cope with the challenges of living with a neurologic change. |
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| 14   | NEUROLOGIC | Use the Nursing Process to provide nursing care for a patient with these conditions:  
- Assess the patient, significant support person(s) and the environment.  
- Formulate an individualized high priority nursing diagnosis related to the patient’s basic needs.  
- Plan outcomes and individualized high priority therapeutic nursing interventions.  
- Implement safe and accurate nursing care and prescribed medical care.  
- Evaluate care provided and modify care based on this evaluation.  
Demonstrate integration of the remaining Core Components of associate degree nursing practice:  
- Professional Behaviors  
- Communication  
- Collaboration  
- Managing Care | Assess a patient with and acute or chronic neurologic condition.  
Consider formulating the nursing diagnoses of  
- Sensory Perceptual Deficit  
- Impaired Verbal Communication  
- Urinary Incontinence  
- Urinary Retention  
- Autonomic Dysreflexia  
Develop and implement a nursing care plan for a patient with a CVA.  
Implement by  
- Instituting droplet precautions.  
- Instituting aspiration precautions.  
- Instituting fall precautions.  
- Instituting skin care protocol.  
Evaluate the effectiveness of care provided by monitoring the safety of the patient whose neurologic status is impaired.  
Demonstrate Professional Behavior, Communication, Collaboration or Managing Care by assisting a patient to cope with acute neurologic illness and/or the aftermath of CVA. |
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| 15   | NEUROLOGIC  
- Chronic Neurologic Disorders  
  - Parkinson’s disease  
  - Alzheimer’s disease  
  - Multiple Sclerosis  
  - Developmental Disabilities | Use the **Nursing Process** to provide nursing care for a patient with these conditions:  
  - **Assess** the patient, significant support person(s) and the environment.  
  - Formulate an individualized high priority **nursing diagnosis** related to the patient’s basic needs.  
  - **Plan** outcomes and individualized high priority therapeutic nursing interventions.  
  - **Implement** safe and accurate nursing care and prescribed medical care.  
  - **Evaluate** care provided and modify care based on this evaluation.  
  
  Demonstrate integration of the **remaining Core Components** of associate degree nursing practice:  
  - Professional Behaviors  
  - Communication  
  - Collaboration  
  - Managing Care | **Assess** a patient with a chronic neurologic condition or developmental disability.  
Consider formulating the **nursing diagnoses** of  
- Impaired Memory  
- Impaired Thought processes  
- Impaired Mobility  

Develop and implement a nursing care **plan** for a patient with a chronic, disabling neurologic disease.  

**Implement** by  
- Teaching about expected nature of the disease.  
- Considering necessary safety measures  
- Working with caregivers to understand the needs of the patient.  

**Evaluate** the effectiveness of care provided by monitoring the quality of life of patients and caregivers.  

Demonstrate **Professional Behavior, Communication, Collaboration or Managing Care** by assisting a patient to cope with the challenges of living with a chronic neurological illness or developmental disability. |