

***Classes are for parents of 2-8 year old children***

For information on parenting programs for parents of older children, please contact Debbie Bartlett at 325-3145 x116. Family Resource Centers of Rochester also offers various types of parenting groups on an ongoing basis. Please contact Mary Jo Brach at 436-0370 x312 for more information.

**The Incredible Years: Parents, Teachers, and Children Training Series is a comprehensive set of research-based curricula. The parent-training program is focused on strengthening parenting competencies (monitoring, positive discipline, confidence) and fostering parents' involvement in children's school experiences. Classes are 12 or 13 weeks in length as decided by the agency. Classes are open to the community unless otherwise specified. To ensure guaranteed registration, please call or email the contact person of your preferred location to register for the group prior to the start date.**

**Groups beginning in January 2008**

*Beginning Tuesday, January 8,  
group will run every Tuesday until  
March 25.*

**11:00 AM – 1:30 PM**

***Mt. Hope Family Center***

187 Edinburgh Street  
Rochester, NY 14608

~ Lunch and transportation  
(within city limits) provided

**\* Preventive referrals only**

*Contact person: Rebecca Degro-  
Carbonel*

*Phone: 275-2991 ext. 253*

*Beginning Tuesday, January 22,  
group will run every Tuesday until  
April 8*

**4:30 PM – 7 PM**

***Catholic Family Center***

87 N. Clinton Ave.  
Rochester, NY 14604

~ Dinner and childcare provided

*Contact person: Robin Mezzanini  
Phone: 262-7107*

*Beginning Thursday January 3,  
group will run every Thursday  
until March 21*

**5:30 PM – 7:30 PM**

**Family Resource Centers of  
Crestwood  
Peter Castle Family Resource  
Center**

555 Ave. D  
Rochester, NY 14621

~ Father's Group  
~ Dinner and childcare provided

*Contact person: Reggie Cox  
Phone: 370-5325*

*Beginning Thursday, January 17,  
group will run every Thursday until  
April 10*

**5:30 PM – 8 PM**

***Society for the Protection & Care  
of Children (SPCC)***

Crime Victims Resource Center  
244 S. Plymouth  
Rochester, NY 14608

~ Dinner will be provided  
~ Childcare and transportation  
provided (within city limits)

*Contact person: Carol Inzinga  
Phone number 325-6101 ext. 253*

## **Groups beginning in February 2008**

*Beginning Wednesday, February 6, group will run every Wednesday until April 23*

**9:30 AM– 11:30 AM**

***Catholic Family Center***

87 N. Clinton Ave.

Rochester, NY 14604

~ Light breakfast provided

*Contact person: Jason McKinney*

*Phone: 262-7133*

## Groups beginning in March 2008

*Beginning Wednesday March 19,  
group will run every Wednesday  
until June 4*

**9-11AM**

### **Family Resource Centers of Crestwood**

Cotter Building  
1337 E. Main St.  
Rochester, NY 14609

~ Light breakfast and childcare  
provided

*Contact person: Christine Singleton  
Phone: 436-0370 ext 309*

*Beginning Monday March 3, group  
will run every Monday until May  
19*

**5:30PM – 7:30PM**

### **Family Resource Centers of Crestwood Peter Castle Family Resource Center**

555 Ave. D  
Rochester, NY 14621

~ Dinner and childcare provided

*Contact person: Sicily Mitchell  
Phone: 339-3214*

*Dates in March TBD, please call for information*

**10 AM – 12 Noon**

### **Ibero-American Action League**

817 E. Main St.  
Rochester, NY 14605

~ Spanish speaking only  
~ Lunch will be provided

Contact person: Efrain Torres  
Contact number: 256-8900 x 37

Contact person: Carmen Perez  
Contact number: 256-8900 x 28